

Windsor Bluefins Swim Team

2019 Practice Schedule

Pre-Season

June 4 -30 inclusive - All Groups/Swimmers swim together

Time	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
4:00 – 6:00 PM	SWIM						SWIM
6:00 – 8:00 PM			SWIM		SWIM		

The coaches will determine which swimmers will be in each group in late June. Typically the younger swimmers (aged 10 & younger) are in the Novice group.

Regular Season

July 2 – August 23 inclusive (No practice on July 1)

Time	Mon	Tues	Wed	Thurs	Fri
7:30 – 9:00 AM	SWIM Jr & Sr Groups		SWIM Jr & Sr Groups		SWIM Jr & Sr Groups
9:00 – 10:00 AM	Dryland Training Jr & Sr Groups		Dryland Training Jr & Sr Groups		Dryland Training Jr & Sr Groups
4:00 – 5:30 PM	SWIM Novice Group	SWIM Novice, Jr & Sr Groups	SWIM Novice Group	SWIM Novice, Jr & Sr Groups	SWIM Novice Group
8:00 – 9:30 PM			SWIM / CLINIC Novice, Jr & Sr Groups		