

Windsor Bluefins 2024 Summer Practice Schedule

July - August

July 1 to August 16 There will be practice on July 1 and August 5.

Time	Mon	Tues	Wed	Thurs	Fri
6:30 – 8:00 AM		SWIM Green & Yellow Groups	SWIM Green & Yellow Groups		SWIM Green & Yellow Groups
8:00 – 9:00 AM		Dry land Green & Yellow Groups	Dry Land Green & Yellow Groups		Dry Land Green & Yellow Groups
4:00 – 5:30 PM	SWIM All Groups	SWIM Orange & Red Groups & Mini-fins	SWIM Orange & Red Groups & Mini-fins	SWIM All Groups	SWIM Orange & Red Groups & Mini-fins

The coaches will determine which swimmers will be in each group after the first week of July.

August 20 to 24 - Fun Week – All Groups/Swimmers swim together.

Time	Mon	Tues	Wed	Thurs	Fri
4:00 – 5:30 PM		SWIM	SWIM	SWIM	